



ClaytonCare Group

OCTOBER NEWSLETTER 1



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QUALITY NURSING CARE | PARAMEDICAL SERVICES | MODERN MEDICINE
PRIVATE & INDEPENDENT



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**SCHOOL HEALTH
WEEK: 7-11
OCTOBER**

**MALNUTRITION
& STUNTING**

Nearly 30% of children under 5 in Africa are affected by stunting (low height for age)

Physical Health and Nutrition: let's encourage participation in activities like health screenings, exercise sessions and healthy eating workshops!

Share knowledge, skills, and best practices among case managers to improve the quality-of-care coordination and patient advocacy!



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NATIONAL CASE MANAGEMENT WEEK

8 - 14 OCTOBER

Promoting Best Practices

**WORLD
ARTHRITIS
DAY**

Arthritis affects over 19% of adults aged 45 and older

12 October



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World Arthritis Day is all about breaking the silence on this often-invisible disease. Let's show our support by learning, advocating, and sharing. Together, we can make a difference!

Today, we join the global movement on World Hospice and Palliative Care Day to highlight the need for better end-of-life care. Let's change this statistic by advocating for accessible and compassionate care worldwide!



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**WORLD HOSPICE AND
PALLIATIVE CARE DAY**

12 OCTOBER

Only 14% of the people who need palliative care receive it



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15 OCTOBER

**Global
Handwashing Day**

Every year, around 1.7 million children under 5 die from diseases that could be prevented by handwashing with soap



Today is Global Handwashing Day! Let's make a difference by promoting this life-saving habit in our communities!

Did You Know? On this World Spine Day, we highlight that spinal disorders are one of the most common causes of work-related disabilities, with 1 in 5 adults reporting chronic back pain. Let's advocate for a spine-healthy lifestyle at work and home!



*World
SPINE
Day*



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16 OCTOBER

Did you know, 1 in 5 adults report chronic back pain?



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**NATIONAL
STROKE WEEK**

Stroke survivors have a 2-3 times higher risk of experiencing depression

28 October - 3 November

This National Stroke Week, we spotlight a critical fact: Stroke survivors have a 2-3 times higher risk of experiencing depression. Let's support those on their recovery journey with understanding, compassion, and awareness. Together, we can make a difference.

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